



YAYASAN
ASAH KASIH
INDONESIA

HELLO! WE ARE

ASA KASIH INDONESIA FOUNDATION

WHO ARE WE?



Asah Kasih Indonesia Foundation is a non-governmental organization based in Indonesia. We have a mission to provide a platform for people to share their love with others because we believe that **everyone can help anyone**.

Our Vision

To be a platform to share love with others and help improve the lives of Indonesians for a better future.

Our Mission

- To be a platform for Indonesians to express and nurture their compassion for others.
- To assist communities that struggle to access proper healthcare.
- To support the younger generation of Indonesia in achieving the *Golden Indonesia 2045* vision.
- To serve communities holistically through collaboration with other parties.

**WHAT HAVE
WE DONE
SO FAR?**



01

HEALTH SERVICES

Providing free health services such as medical check-ups, simple laboratory exams, as well as distribution of medications and vitamins. The foundation also keeps track of people in need of a follow up examination to ensure continuous care.

Where we've been

- Banjar Antapan, Tabanan
- Banjar Andong, Tabanan
- Banjar Sukasada, Pancasari
- Jadi Village, Kediri, Tabanan
- SDK Timeus Tabanan
- Timeus Orphanage, Tabanan
- Banjar Anyar, Kediri, Tabanan





02

DONATIONS

Donating items such as sanitary pads, staple food items, and equipments including wardrobes, a steamer, an iron, and a water dispenser. We also held an affordable market to provide staple items at a more affordable price.

Where we've been

- Jadi Village, Kediri, Tabanan
- Timeus Orphanage, Tabanan

03

ART THERAPY

Art therapy is a form of mental health treatment that uses art to help people express themselves and improve their mental wellbeing. Here we have worked with a professional in art therapy to introduce it to communities that might need it to help improve their overall mental health.

Where we've been

- Timeus Orphanage, Tabanan





WHAT'S **NEXT**
FOR US?



01

CONTINUING OUR PROGRAMS

We're going to continue doing our routine programs, such as free health services and distribution of vitamins to underprivileged kids.

02

NEW CLINICS

Opening up clinics in areas where health care is not easily accessible. These clinics will provide **health check-ups** conducted by health care professionals and provide **medications**. Patients are free to decide how much they want to pay for the services.

Where we're heading

- Timeus Orphanage, Tabanan
- Banjar Andong, Tabanan
- Desa Bondalem, Buleleng





03

FAMILIALITY PROJECT (PT. 1)

The Familiarity Project focuses on raising mental health awareness and mental illness prevention. We also aim to provide a safe space for those with mental health problems. This project will focus on one mental health problem at a time with the hopes that it can expand to include more mental health problems.

What's in store for part one?

Bipolar disorder affects around 40 million people worldwide. We will focus on raising awareness for Bipolar disorder by hosting **webinars** and provide a safe space by hosting a **monthly support group**.

HERE'S HOW YOU CAN HELP US!

You can help us by donating to:

BRI 213201000707568

a/n Yayasan Asah Kasih Indonesia



YAYASAN
ASAH KASIH
INDONESIA

JOIN US TODAY, BECAUSE

EVERYONE CAN
HELP ANYONE

 asahkasih.id

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